

NEW BRUNSWICK PAINTING

Costs & Pricing

Painting costs, budgeting, quotes, labour rates,
paint prices, and price estimates for NB
homeowners

28 Expert Answers from Paint IQ

newbrunswickpainting.com/construction-brain

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How much does it cost to hire a painter to paint a single room including prep, primer, and two coats in Moncton in 2026?

For a single room in Moncton, expect to pay \$350-650 for professional painting including prep, primer, and two coats, with most average bedrooms falling in the \$400-500 range.

The cost varies significantly based on room size, ceiling height, and the amount of prep work required. A standard 12x12 foot bedroom with 8-foot ceilings typically runs \$350-500, while larger living rooms or rooms with vaulted ceilings can reach \$600-800. Bathrooms are often on the lower end (\$300-450) due to size, but kitchens may cost more (\$450-650) due to grease cleaning and careful work around cabinets and appliances.

Prep work is the biggest variable in pricing. A room in good condition needing only light sanding, hole filling, and cleaning will be at the lower end of the range. However, rooms requiring extensive patching, wallpaper removal, or stain-blocking primer (common in older Moncton homes with nicotine stains or water damage) can add \$100-200 to the base price. Many heritage homes in Moncton's older neighborhoods have multiple layers of paint and wallpaper that require extra prep time.

What's typically included in a professional single-room paint job:

- Moving and protecting furniture with plastic sheeting
- Cleaning walls with TSP or degreaser
- Filling nail holes and minor cracks with spackle
- Light sanding of glossy surfaces
- Taping trim, outlets, and fixtures
- One coat of primer on new or stained surfaces
- Two coats of quality latex paint on walls and ceiling
- Cleanup and furniture replacement

Moncton-specific considerations include the humidity from the Petitcodiac River valley, which can slow drying times in summer. Professional painters account for this by scheduling work during optimal weather windows and using fans or dehumidifiers when needed. Winter is actually ideal for interior painting in Moncton due to low humidity from heating systems.

Additional costs that might apply: Crown molding or detailed trim painting adds \$100-200. Stipple ceiling removal and repainting adds \$200-400. If you're changing from a dark color to light (or vice versa), expect an extra coat of primer, adding \$50-100 to the total.

Most Moncton painters quote by the job rather than hourly, and it's wise to get three quotes since prices can vary 25-30% between contractors for identical work. Always verify that your painter carries liability insurance, especially important given WorkSafeNB requirements in New Brunswick.

Need help finding a professional painter? New Brunswick Painting can match you with local Moncton painting contractors for free estimates on your single-room project.

Q2

What is the price difference between spray-applied and brush-and-roller interior painting for a full house in Moncton?

Spray-applied interior painting typically costs 15-25% more than brush-and-roller for a full house in Moncton, but the quality difference is substantial enough that many homeowners find the premium worthwhile for their main living areas.

For a typical 1,500 square foot home in Moncton, you're looking at **\$3,000-4,500 for brush-and-roller application versus \$3,500-5,500 for spray application**. The price difference comes from several factors: spray equipment rental or ownership costs, additional masking and protection time (spray requires covering everything that shouldn't be painted), and the specialized skill required for even spray application in residential spaces.

The quality difference is significant. Spray application creates a perfectly smooth, factory-like finish with no brush marks, roller stipple, or lap lines. This is especially noticeable on walls in good natural light and on trim work. Brush-and-roller application, even by skilled painters, will show some texture from the roller nap and subtle brush marks on trim. For many Moncton homeowners, particularly those with open-concept layouts or high-end finishes, the smooth spray finish justifies the extra cost.

Spray works best in empty or gutted homes where extensive masking isn't required. If you're painting a furnished home, the time spent protecting furniture, floors, and fixtures can add significantly to the spray cost. Many professional painters in Moncton will spray the walls and brush-and-roller the trim to balance quality and efficiency.

Consider your home's age and condition. Older Moncton homes often have textured walls, multiple layers of paint, or minor imperfections that actually look better with the slight texture from roller application. Spray application on imperfect walls can highlight every flaw. Conversely, newer homes with smooth drywall showcase spray application beautifully.

Timing considerations for Moncton's climate: Winter is ideal for interior painting in New Brunswick due to low humidity from heating systems. Spray application benefits even more from these dry conditions, as the fine paint

particles dry quickly and level perfectly. Summer interior spraying requires careful humidity control with dehumidifiers or air conditioning.

When spray application makes the most sense: new construction or major renovations where rooms are empty, high-end homes where finish quality is paramount, and situations where you're painting walls and ceilings the same colour (spray excels at large, continuous surfaces). **Stick with brush-and-roller for:** furnished homes with lots of masking required, homes with significant wall imperfections, or budget-conscious projects where good-quality roller application will meet your needs perfectly well.

Need help finding a professional painter who offers both application methods? New Brunswick Painting can match you with experienced contractors in the Moncton area who can assess your specific situation and recommend the best approach for your home and budget.

Q3

How much do painters in the Greater Moncton area charge to paint a standard laundry room or utility room?

Painters in Greater Moncton typically charge \$250-450 to paint a standard laundry room or utility room, depending on the room size, ceiling height, and amount of prep work required.

Most laundry rooms in Moncton-area homes range from 6x8 feet to 8x10 feet with standard 8-foot ceilings. At this size, you're looking at roughly 200-300 square feet of wall and ceiling area. Professional painters in the Greater Moncton area charge \$35-55 per hour, but most quote laundry rooms as fixed-price jobs ranging from \$250 for a simple repaint up to \$450 for rooms requiring significant prep work.

Factors that affect pricing in Moncton laundry rooms include the current wall condition, number of obstacles (water heater, washer/dryer hookups, utility panels), and paint quality. Many older Moncton homes have laundry rooms in basements with concrete block or drywall walls that may need primer to seal stains from humidity or minor water issues. Rooms with multiple plumbing penetrations, electrical panels, or built-in storage require more cutting-in time, which increases labour costs.

Paint selection matters significantly for laundry rooms due to moisture and temperature fluctuations from dryers and water heaters. Most painters recommend semi-gloss or satin finish paint (\$50-65/gallon) rather than flat paint, as these sheens resist moisture better and can be wiped clean. A typical laundry room uses about half a gallon of paint plus primer if needed. In Moncton's humid summers, proper ventilation during painting is essential — many laundry rooms lack windows, so painters often bring fans to ensure adequate drying.

Timing considerations are important in the Greater Moncton area. Winter is actually ideal for interior painting projects like laundry rooms because forced-air heating creates low humidity conditions that help paint cure properly. Many Moncton painters offer better availability and sometimes lower rates for interior work during the November-March period when exterior painting is impossible.

DIY vs professional considerations: A laundry room is a reasonable DIY project for most homeowners if the walls are in good condition. The small space means you can complete the work in a weekend, and any minor imperfections won't be highly visible in a utility area. However, if your laundry room has moisture stains, requires significant prep work, or you're dealing with a basement room that might have hidden moisture issues common in older Moncton homes, hiring a professional ensures proper surface preparation and paint selection.

Need help finding a professional painter in the Greater Moncton area? New Brunswick Painting can match you with local contractors for free estimates on your laundry room project.

How much does it cost to hire a painter to paint only ceilings throughout a house in Fredericton without touching the walls?

Hiring a painter for ceiling-only work in a Fredericton home typically costs \$150-350 per room, or \$1,200-2,800 for an average 3-bedroom house. The wide range depends on ceiling height, texture, and the amount of prep work required.

Room-by-Room Ceiling Costs:

- **Bedrooms:** \$150-250 each (standard 8-9 foot ceilings)
- **Living rooms:** \$200-400 (often larger with vaulted or cathedral ceilings)
- **Kitchens:** \$180-300 (grease cleaning and primer usually needed)
- **Bathrooms:** \$120-200 (smaller but require moisture-resistant paint)
- **Hallways:** \$100-180 (narrow but often require ladder work)
- **Basements:** \$200-350 (exposed beams, pipes, and obstacles increase labour)

Factors That Increase Ceiling Painting Costs:

Ceiling height dramatically affects pricing. Standard 8-9 foot ceilings are straightforward, but 10+ foot ceilings require scaffolding or extension equipment, increasing labour costs by 25-40%. Many Fredericton homes, especially older character homes downtown and in residential areas like Brookside and Forest Hill, have 10-12 foot main floor ceilings that bump up the price.

Stipple or popcorn texture removal adds significant cost. If your ceilings have that bumpy textured finish common in 1970s-80s NB homes, expect an additional \$200-400 per room for removal, skim coating, and repainting. Many Fredericton homeowners choose to paint over existing stipple rather than remove it to control costs.

Prep work requirements vary widely. Ceilings with water stains (common in older Fredericton homes with roof issues), smoke damage, or crayon marks need stain-blocking primer like Zinsser BIN, adding \$50-100 per room. Kitchen ceilings often need degreasing before painting.

Why Ceiling-Only Projects Cost More Per Square Foot:

Painters often charge a premium for ceiling-only work because it's physically demanding (constant overhead painting), requires more setup time for ladders and drop cloths, and doesn't provide the efficiency of painting entire rooms. You're essentially paying for all the setup and protection work without the volume of a full room repaint.

Best Timing for Ceiling Painting in Fredericton:

Winter is ideal for interior ceiling work in NB. Forced-air heating keeps humidity low (below 30%), which means faster drying times and better paint levelling. Many Fredericton painters offer better rates for interior work during their slower winter months (November through March).

When to Hire a Professional vs DIY:

Hire a professional for ceiling work if you have high ceilings, textured surfaces, or multiple rooms. Ceiling painting is physically exhausting, requires proper scaffolding for safety above 9 feet, and achieving smooth, streak-free coverage overhead takes experience. For a single standard-height room, DIY is manageable, but for whole-house ceiling projects, professional results and safety make hiring worthwhile.

Getting Accurate Quotes:

Most Fredericton painters will provide free estimates for ceiling-only projects. Get at least three quotes, as pricing can vary 30-40% between contractors. Be specific about prep work expectations, paint quality preferences, and whether you want flat ceiling paint or a washable eggshell finish.

Need help finding experienced ceiling painters in Fredericton? New Brunswick Painting can match you with local professionals who specialize in interior work and provide free estimates for your project.

Q5

What is the labour cost difference between painting a bi-level home stairwell versus a standard flat ceiling in Fredericton?

Painting a bi-level stairwell in Fredericton typically costs 2-3 times more than a standard flat ceiling of similar square footage — expect \$800-1,500 for a stairwell versus \$300-500 for a comparable flat ceiling area.

The dramatic cost difference comes down to **access challenges and safety requirements**. Stairwells require specialized equipment like adjustable scaffolding or extension planks that span multiple stair levels. Professional painters in the Fredericton area charge \$45-60/hour for stairwell work compared to \$35-50/hour for standard ceiling painting because of the complexity and time required.

Setup and positioning account for most of the extra cost. A standard 12x12 foot ceiling takes about 30 minutes to set up with a simple stepladder and can be painted efficiently with a roller on an extension pole. A bi-level stairwell requires 1-2 hours just to position scaffolding safely, and painters must work from awkward angles with brushes and smaller rollers. The high wall above the staircase — often 16-20 feet at its peak in typical Fredericton bi-levels — cannot be safely reached with a household stepladder.

Fredericton's older housing stock adds another layer of complexity. Many bi-levels built in the 1970s-80s have stipple or popcorn texture on stairwell ceilings, which requires careful brush work around the edges where rollers can't reach. These homes often have wood paneling or dated wallpaper on stairwell walls that needs removal and repair before painting, adding \$200-500 to the project.

The **seasonal timing matters less for interior stairwells**, making this an ideal winter project when exterior work is impossible in New Brunswick. However, proper ventilation becomes critical in a confined stairwell space — use fans to circulate air and choose low-VOC paint to minimize fumes in the enclosed area.

Most homeowners should hire a professional for bi-level stairwells. The combination of height, awkward angles, and specialized equipment makes this a safety risk for DIY painters. A fall from scaffolding in a stairwell can result in serious injury. Professional painters carry liability insurance and have the proper equipment to work safely at height.

For a standard flat ceiling, confident DIYers can achieve good results with a quality roller, extension pole, and proper technique. The cost savings on a simple ceiling project can be substantial — materials only versus \$300-500 for professional installation.

Need help finding a professional painter for your stairwell project? New Brunswick Painting can match you with experienced Fredericton-area contractors who have the proper equipment and insurance for safe stairwell work.

Q6

How much more does it cost to use low-VOC or zero-VOC premium paint brands versus standard paint on a full interior job in NB?

Premium low-VOC and zero-VOC paints typically add \$200-600 to a full interior painting job in New Brunswick, depending on the size of your home and the specific products chosen. For most homeowners, this represents a 5-15% increase over standard paint costs — a worthwhile investment for better indoor air quality.

Paint Cost Breakdown

Standard mid-range interior paint in NB runs \$40-55 per gallon, while premium low-VOC options like Benjamin Moore Natura (zero-VOC) or Sherwin-Williams Harmony cost \$65-85 per gallon. A typical 1,500 square foot home requires 8-12 gallons of paint for walls and ceilings, so you're looking at an additional \$200-360 just in paint costs. For a larger 2,000+ square foot home needing 12-16 gallons, the premium jumps to \$300-480.

The labour cost remains identical regardless of paint choice — professional painters charge the same rates whether you choose standard or premium low-VOC paint. However, many premium low-VOC paints actually offer better coverage and easier application, potentially reducing the total gallons needed and offsetting some of the cost difference.

Why the Investment Makes Sense in NB

New Brunswick's climate makes low-VOC paint particularly valuable. During our long winters, homes are sealed tight with minimal ventilation, trapping paint fumes and VOCs inside for months. Standard latex paints continue off-gassing VOCs for weeks after application, creating headaches, respiratory irritation, and that persistent "paint smell" that's especially noticeable in well-insulated Maritime homes.

Premium low-VOC paints like Benjamin Moore Advance, Sherwin-Williams Duration Home, or Dulux Lifemaster Pure have VOC levels below 50 grams per litre (compared to 150+ g/L for standard paints). Zero-VOC options like Benjamin Moore Natura contain virtually no volatile organic compounds, making them ideal for bedrooms, nurseries, and homes with family members who have asthma or chemical sensitivities.

Performance Benefits Beyond Air Quality

Premium low-VOC paints often deliver superior performance that justifies the cost difference. Benjamin Moore Natura offers exceptional coverage — often achieving full hide in one coat over light colours, potentially saving you a gallon or two on your project. Sherwin-Williams Harmony includes odor-eliminating technology that actually reduces existing household odors, not just paint smell.

These premium paints typically have better durability, stain resistance, and washability than standard options. In high-traffic areas like hallways, kitchens, and children's rooms, the superior cleanability means your paint job looks fresh longer, extending the time between repaints.

When to Prioritize Low-VOC Paint

The investment is most worthwhile for bedrooms, nurseries, home offices where you spend extended time, and homes with poor ventilation. In older NB homes built before modern ventilation standards, low-VOC paint is especially valuable since these houses don't exchange air as efficiently.

For utility rooms, basements, or rarely-used spaces, standard quality paint may be sufficient. However, many homeowners find the peace of mind and immediate comfort of low-VOC paint worth the modest additional cost throughout their entire home.

Getting the Best Value

Purchase premium low-VOC paint during spring sales at Benjamin Moore dealers or Sherwin-Williams stores across NB — you can often find 25-30% discounts that bring premium paint costs closer to standard pricing. The improved coverage of premium paints may also reduce your total gallon requirements, further closing the cost gap.

Need help finding a professional painter experienced with premium low-VOC products? New Brunswick Painting can match you with local contractors who understand the application techniques that maximize the performance of these advanced paint formulations.

Looking for experienced contractors? The New Brunswick Construction Network connects homeowners with qualified professionals:

- Expressions Painting
- FRS Flooring Solutions
- M And M Painting
- Gionetterenovations
- moose luxury painting

[View all contractors ?](#)

How much does it cost to have a painter strip and repaint old radiator covers and baseboard heater units throughout a house in NB?

Stripping and repainting radiator covers and baseboard heater units typically costs \$75-150 per unit for professional work in New Brunswick, with most homes requiring 8-15 units for a total project cost of \$800-2,000.

The wide price range reflects the significant prep work involved. Old radiator covers and baseboard heater units in NB homes often have multiple layers of paint built up over decades, and many were originally painted with oil-based or even lead-based paints (especially in homes built before 1978). **Professional stripping is almost always necessary** because these units get hot during operation, which causes paint to cure extra-hard and become difficult to sand off.

The process involves several time-intensive steps. First, the units must be removed from the wall and disconnected (adding electrical work if hardwired). Then comes chemical stripping or heat stripping to remove old paint layers, followed by thorough cleaning, priming with a high-heat primer, and applying two coats of high-temperature paint. The units then need to be reinstalled and reconnected. A typical baseboard heater unit takes 2-3 hours of labour, while larger radiator covers can take 3-4 hours each.

Heat-resistant paint is essential for this application. Regular wall paint will yellow, crack, and peel when exposed to the heat cycling of baseboard heaters and radiators. You'll need a high-temperature alkyd or specialty acrylic paint rated for at least 200°F, which costs \$60-80 per gallon. Popular options in NB include Benjamin Moore Ultra Spec HP or Sherwin-Williams Heat Flex.

For DIY considerations, this is a challenging project that most homeowners underestimate. Chemical paint strippers require proper ventilation, respiratory protection, and careful disposal of waste (especially important if lead paint is present). The units are heavy, awkward to handle, and the electrical connections require care. However, if you have a well-ventilated workspace and are comfortable with the prep work, you could potentially save \$40-60 per unit in labour costs.

Timing matters in NB's climate. Plan this work for late spring through early fall when you can open windows for ventilation during stripping and painting. Winter work is possible but requires extra attention to ventilation since chemical strippers and high-temp paints have stronger odours than regular interior paints.

Consider hiring a professional if your home was built before 1978, as radiator covers and heating units commonly have lead paint that requires safe removal practices. Also, if you have more than 6-8 units, the time savings and consistent finish quality of professional work often justify the cost.

Need help finding a professional painter experienced with heating unit refinishing? New Brunswick Painting can match you with contractors who specialize in this type of detailed prep work.

Looking for experienced contractors? The New Brunswick Construction Network connects homeowners with qualified professionals:

- Expressions Painting
- M And M Painting
- Gionetterenovations
- moose luxury painting
- Worry No More Handyman Services

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Q8

Is it cheaper to book interior painting in fall or winter in New Brunswick when painters are less busy?

Yes, you can often save 10-20% on interior painting by booking during fall and winter months when exterior work slows down and painters have more availability.

Most painting contractors in New Brunswick experience a significant drop in demand from November through March when exterior painting becomes impossible due to freezing temperatures. During this slower period, many painters offer discounted rates on interior projects to keep their crews working and maintain cash flow through the winter months.

Winter is actually ideal for interior painting conditions in New Brunswick. Heated homes typically have low humidity (below 30%) during winter months, which means faster drying times, better paint leveling, and reduced risk of brush marks or roller stipple. The controlled indoor environment eliminates weather-related delays that can affect scheduling during the busy spring and summer seasons.

The best booking strategy is to contact painters in late October or November for winter interior work. Many contractors are finishing their last exterior projects and actively seeking interior jobs to fill their winter schedule. You'll have better selection of contractors, more flexible scheduling, and often better pricing than if you wait until spring when everyone wants their interior work done before the outdoor painting season begins.

Timing considerations for different rooms: Winter is particularly advantageous for major interior projects like whole-house repaints, kitchen cabinet refinishing, or basement finishing work. The longer daylight hours of spring and summer are better spent on exterior projects that can only be done during New Brunswick's short May-October painting window.

However, **avoid the December holiday period** when many contractors take time off and material suppliers have limited hours. January through March typically offers the best combination of contractor availability, competitive pricing, and ideal indoor painting conditions.

When to hire a professional: Large interior projects (whole house, multiple rooms, cabinet refinishing) benefit significantly from professional winter scheduling. Contractors can dedicate full crews to your project without the interruptions and weather delays common during exterior season. For single-room touch-ups, the seasonal discount may not justify the contractor cost versus DIY.

Need help finding a professional painter for your winter interior project? New Brunswick Painting can match you with available contractors offering competitive off-season rates.

Looking for experienced contractors? The New Brunswick Construction Network connects homeowners with qualified professionals:

- Expressions Painting
- Thirty Four Renovations
- FRS Flooring Solutions
- Worry No More Handyman Services
- Gionetterenovations

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Q9

What hidden costs should I expect when hiring a painting contractor in the Greater Moncton area?

When hiring a painting contractor in Greater Moncton, the hidden costs that catch homeowners off guard most often are **surface preparation charges, primer upgrades, extra coats for colour changes, furniture moving fees, and travel surcharges for outlying communities like Riverview, Dieppe, or Shediac.** Getting a

quote that feels surprisingly low is the biggest warning sign — it usually means these items aren't included.

Prep work is the biggest wildcard in any Moncton paint job. A quote that covers "labour and paint" may not include the time required to scrape loose paint, fill nail holes and cracks, sand glossy surfaces, caulk window and door casings, or apply a stain-blocking primer over water marks and smoke stains. In Moncton's older housing stock — particularly the character homes in Moncton North, Lewisville, and the historic Westmount area — walls frequently need patching, skim coating, and sanding before a brush ever touches the surface. Prep accounts for 60–80% of what makes a paint job last, and if it's not priced into the quote, either you're paying extra mid-project, or it's being skipped.

Primer is another common add-on. A base quote often assumes going from one colour to a similar colour in reasonable condition. If you're making a dramatic colour change — dark to light, or covering a badly stained wall — you'll need a full coat of primer first, which adds \$40–60/gallon in material and a half-day of labour per average room. Stain-blocking primers (like Zinsser BIN shellac-based) run \$45–65/gallon and are non-negotiable for covering nicotine stains, water damage, or cedar bleed-through.

Other hidden costs to ask about upfront:

Furniture and floor protection — professional painters should include moving light furniture and protecting floors in their quote, but not all do. Ask explicitly. Specialty floor protection materials can add \$100–300 to a whole-house job.

Colour matching and multiple colours — each additional colour means additional cut-in time, tape changes, and cleanup. A single-colour interior job is faster than a three-tone room with an accent wall.

Touch-up paint — ask whether leftover paint for touch-ups is included. Most professional painters will leave you a quart of each colour; some charge separately.

HST — New Brunswick charges 15% HST on painting services. Always confirm whether quotes are before or after tax. A \$5,000 quote becomes \$5,750 with HST.

Scaffolding or lift rental — for two-storey exteriors or vaulted interior spaces in Moncton's newer developments along Mountain Road or Wheeler Boulevard, scaffolding may be needed at \$200–600 per week rental plus setup.

The best way to avoid surprises is to get a detailed written quote that itemizes prep, primer, number of coats, materials, HST, and what specifically is excluded. Get at least three quotes — painting prices in Greater Moncton can vary 25–40% between contractors for identical scope. New Brunswick Painting can connect you with local painters who provide clear, itemized estimates.

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- Expressions Painting
- Gionetterenovations
- Worry No More Handyman Services
- Loves Painting Ltd.
- moose luxury painting

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How much does it cost to paint the interior of a three-bedroom home in Moncton in 2026?

Painting the interior of a three-bedroom home in Moncton typically costs between \$3,000 and \$6,500 in 2026, depending on the scope of work, the condition of the walls, and the finishes included. If you're adding trim, doors, and ceilings on top of just the walls, expect to land in the \$4,000–\$6,500 range for a well-prepared, professionally finished result.

The biggest variable in any whole-house interior quote is prep work. Older Moncton homes — and the city has a lot of character housing stock from the early and mid-20th century — often have walls that need patching, filling, sanding, and sometimes skim coating before a painter can pick up a brush. Nail holes, old wallpaper damage, smoke staining, and water marks all add time. A home that's been freshly drywalled and primed will cost noticeably less to paint than one with 40 years of accumulated layers and repairs. A painter doing a thorough job will spend 60–80% of their time on prep, and that prep is what determines how long the paint job lasts.

The scope you define also shapes the number significantly. Walls only (no ceiling, no trim) will come in at the lower end — around \$2,000–\$3,500 for a three-bedroom home. Walls and ceilings together are the most common request and fall in that \$3,000–\$5,500 range. Adding trim, baseboards, and doors throughout the whole house can push the total to \$5,000–\$8,000 or more, because trim painting is labour-intensive and slow — every linear foot of baseboard needs to be cut in cleanly, often requiring taping, sanding, and two finish coats.

Colour choices matter more than people expect. Making a major colour change — say, going from deep burgundy walls to a soft warm white throughout the house — almost always requires a coat of primer on top of the existing paint before the new colour goes on. That adds both materials cost and drying time. If you're staying within a similar tone range or going slightly lighter, you may only need two topcoats, which keeps costs down.

In Moncton's market, professional painters typically quote by the job rather than by the hour. Get at least three quotes, because pricing between painters for the exact same scope can vary by 25–40%. Ask each painter what's included: Does the price cover primer? Two topcoats? Moving furniture? Patching holes? The cheapest quote rarely includes the same scope as the highest one, and those details matter.

If your home was built before 1978, mention this to any painter you hire. Lead paint is common on older trim and doors in Moncton's older neighbourhoods, and any sanding or scraping needs to be done with proper lead-safe practices — not just a dust mask and a belt sander.

For a whole-house interior project, hiring a professional painter is almost always worth it. You'll get a more uniform finish, properly prepared surfaces, and a job completed efficiently within a realistic timeline. New Brunswick

Painting can match you with local Moncton painters for a free estimate — just reach out through the directory.

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- Loves Painting Ltd.

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Q11

What is the average cost to paint a house exterior in New Brunswick including labour and materials?

Exterior house painting in New Brunswick averages between \$4,000 and \$12,000 for a full repaint, with a bungalow or single-storey home typically falling in the \$4,000–\$7,000 range and a two-storey home running \$6,000–\$12,000 — all-in for labour and materials.

The wide range reflects several real-world variables: the size of the home, the number of storeys, the siding type, the condition of the existing paint, and whether trim, soffits, fascia, and doors are included. Most NB homeowners want the whole package — walls, trim, soffits, fascia, and front door — and that's what those ranges assume. If you're only refreshing the walls and skipping the trim, you'll save 20–35% off the total.

Materials typically account for 25–40% of the total cost. For a 1,500 sq ft bungalow, you'd expect to use 8–12 gallons of exterior topcoat at \$55–\$80/gallon for a premium 100% acrylic latex (which is what NB's climate demands), plus primer at \$40–\$60/gallon for any bare wood, repaired areas, or major colour changes. Premium exterior paint is genuinely worth the investment in New Brunswick — the freeze-thaw cycle, Maritime humidity, and UV exposure are brutal on cheap paint, and a mid-grade product applied over poor prep will start failing within 3–4 years. A quality 100% acrylic latex properly applied to a well-prepped surface should last 8–12 years in NB conditions.

Labour costs in NB run \$35–\$55 per hour for professional painters, but almost all exterior projects are quoted as fixed-price jobs. The prep work is what drives labour costs on exterior painting — scraping loose and peeling paint, sanding rough edges, recaulking around windows and doors, filling nail holes, and spot-priming bare wood. On a home that hasn't been painted in 10+ years, prep alone can take 2–3 days for a crew. Don't be alarmed if a painter spends more time preparing than actually painting — that's exactly what should happen.

NB's exterior painting season runs from mid-May through mid-October, and painters are busiest in June, July, and August. If you book early in the season or late in the season (September can actually be ideal — lower humidity, fewer insects, no blazing heat), you may have more flexibility on scheduling and pricing. Last-minute bookings in peak summer are harder to arrange and sometimes come with a small premium.

Cedar shingle siding — common on older NB homes — requires special attention. Shingles absorb stain and paint differently depending on their weathering history, and painting previously stained shingles or bare weathered shingles requires a different primer approach than clapboard. If your home has original cedar shingles, mention this when getting quotes, as it affects both product selection and labour time.

Exterior painting is not a good DIY project on a two-storey home. The ladder safety risks, the equipment needed (extension ladders, scaffolding, airless sprayer), and the difficulty of achieving consistent coverage at height all point strongly toward hiring a professional for anything above the first storey. For a single-storey bungalow in good condition, an experienced DIYer with the right prep and a quality paint system can get good results — but it's still a 3–5 day project even on a small home.

Need a quote? New Brunswick Painting can connect you with local exterior painting professionals for free through the New Brunswick Construction Network directory.

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How much do professional painters charge per hour in Fredericton and Saint John?

Professional painters in Fredericton and Saint John typically charge \$35–\$55 per hour for skilled journeyman painters, with apprentices or helpers running \$20–\$30 per hour. That said, most professional painting contractors in New Brunswick quote by the job, not by the hour — so you're more likely to receive a fixed-price estimate than an hourly rate for your project.

Hourly rates matter most when you're hiring a painter for a small touch-up job, a single wall, or a specific repair that doesn't lend itself to a project quote. For these situations, expect to pay in that \$35–\$55/hour range, with a typical minimum of 2–4 hours. Solo operators working smaller residential projects sometimes quote hourly, particularly for touch-up and maintenance work.

For larger projects — a full interior, an exterior repaint, or cabinet refinishing — a fixed-price quote is both more common and more useful for you as a homeowner. A fixed-price quote gives you certainty on cost regardless of how many hours the job takes, and it incentivises the painter to work efficiently. When comparing quotes from multiple contractors in Fredericton or Saint John, always make sure you're comparing apples to apples: the same number of coats, the same surfaces included, and the same scope of prep work. A quote that seems low might be omitting primer, or planning only one topcoat, or not including the trim.

In Fredericton, the painting market is somewhat smaller than Moncton, and many painters are one- or two-person operations. Rates are consistent with the province-wide range but you may have slightly less selection, particularly for large crews capable of completing a full exterior repaint quickly within the short NB painting season.

In Saint John, the older housing stock — the city has some of the most historic residential architecture in Atlantic Canada — means painters often deal with more prep work on older plaster walls, peeling lead paint on heritage trim, and the particular challenges of the Bay of Fundy coastal exposure. Painters experienced with heritage restoration and lead-safe practices may charge at the higher end of the range, and that expertise is worth paying for. Salt air from the Bay of Fundy is genuinely harder on exterior paint than inland locations, and a Saint John painter who knows which products hold up best in that microclimate is an asset.

For budgeting purposes, assume a professional painter completes roughly 150–250 sq ft of prepared wall surface per hour with a roller. A 12x12 bedroom (approximately 400–450 sq ft of wall area) represents about 2–3 hours of actual painting time, but add prep, masking, trim cutting, and cleanup, and a full bedroom is typically a half-day or full-day job for one painter.

Get at least three quotes for any project over \$500. Prices between painters for identical scope can vary by 25–40% in the NB market, and the highest price isn't always the best quality. Ask about their prep process, what products they plan to use, and whether the quote includes primer — those questions quickly reveal which painters are thorough versus which are just showing up with a roller.

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What is the price difference between hiring a painter and doing it yourself for a whole house interior in NB?

Painting a whole house interior yourself in New Brunswick will typically cost \$800–\$2,000 in materials, compared to \$3,000–\$6,500 or more for a professional painter — so the potential savings are real, but so are the trade-offs in time, quality, and physical effort.

The material costs for a DIY whole-house interior include paint, primer, rollers, brushes, painters tape, drop cloths, sandpaper, patching compound, and a few other supplies. For a three-bedroom NB home, budget roughly \$600–\$1,200 for quality paint alone — skimping on paint to save money is the single most common DIY mistake, because cheap paint has lower pigment density, worse coverage, and far shorter lifespan. Add another \$200–\$400 for primer, applicators, and prep supplies. If you need to rent an airless sprayer for ceilings or large open spaces, add \$75–\$150/day for rental.

The honest comparison isn't just dollars, though. A professional painter working on a whole-house interior brings speed that most DIYers can't match. A skilled two-person crew can complete a full three-bedroom house interior in 4–6 days with proper prep, priming, and two topcoats. The same work done by a weekend DIYer with limited tools and technique can stretch across 3–5 weekends, months of disrupted living, and gradual fatigue that starts affecting quality on the fourth or fifth room. **Time really is money**, and so is the stress of living in a half-painted house.

Where DIY makes the most sense in NB: A single room is the ideal DIY painting project — one bedroom, a small bathroom, or an accent wall. The scope is manageable in a day or weekend, the stakes are lower if the result isn't perfect, and you genuinely save \$300–\$600 versus hiring out. Interior touch-up work and small repaints of previously well-painted surfaces in good condition are also reasonable DIY territory.

Where the professional advantage is clear: Trim, doors, and railings are notoriously difficult to paint to a professional standard without a spray gun. Brush marks on painted trim are visible and hard to live with, while a spray-finished door looks factory-new. Vaulted ceilings, stairwells, and rooms with complex angles also favour a professional who has the right ladders, extension poles, and years of cutting-in practice.

The quality gap between a rushed DIY job and a careful professional job is most visible in: the cut lines at ceiling and trim junctions, the uniformity of sheen across walls, and how long the finish holds up in high-traffic areas like hallways and stairwells. A professional using a premium paint with proper primer and two coats will outperform a DIY effort with one coat of mid-range paint by years.

If budget is the primary driver, consider a hybrid approach: hire professionals for the trim, ceilings, and difficult spaces, and take on the walls yourself in the straightforward bedrooms. Many painters in NB are open to scoped

arrangements if you explain your goals upfront.

Whatever you decide, don't skip the prep work. Clean the walls, fill holes, sand glossy surfaces, and prime stained or bare areas — this is where DIY projects most commonly cut corners, and where the result most obviously suffers.

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Q14

How much does it cost to paint kitchen cabinets professionally in New Brunswick in 2026?

Professional kitchen cabinet painting in New Brunswick costs \$2,500–\$6,000 for an average kitchen with 20–30 doors and frames, making it one of the highest-return renovations available to NB homeowners — a fraction of the cost of new cabinets with a dramatically fresh result.

The range is wide because kitchens vary significantly. A small kitchen with 15 doors and a simple layout with no upper glass-front doors will come in at the lower end, while a large kitchen with 35+ doors, multiple drawer fronts, intricate moulding profiles, and specialty finishes can exceed \$5,000. Most Moncton, Fredericton, and Saint John homes fall somewhere in the middle — 20–25 cabinet doors — and a professional job in that range typically runs \$3,000–\$4,500.

What separates professional cabinet painting from a DIY effort is the process and equipment. Professional painters who specialise in cabinets will remove all doors and drawer fronts, transport them to a shop or set up a spray area, and apply a dedicated cabinet-grade finish — typically Benjamin Moore Advance, Sherwin-Williams ProClassic, or a similar acrylic-alkyd hybrid product. These paints are formulated to cure to a hard, washable film, not the soft

finish that regular wall paint produces. The spray application eliminates brush marks entirely, producing the smooth, factory-looking surface that makes painted cabinets look high-end.

The prep process is what makes cabinet painting expensive — and worth it. Cabinets accumulate years of cooking grease, soap residue, and handling oils that must be completely removed before any paint will adhere properly. Professionals clean with a degreaser, lightly sand all surfaces to break the gloss, apply a bonding primer, sand again between primer and paint, apply two or more topcoats with sanding between, and then reinstall with new hardware. Skipping or rushing any of those steps — which is easy to do as a DIY project — is the reason painted cabinets sometimes chip, peel, or show brush marks within a year.

For NB homeowners on a tighter budget, consider painting just the upper cabinets or just the cabinet boxes (leaving doors unpainted and simply swapping the hardware). Some painters also offer a refresh service — touch-up and one additional topcoat on existing painted cabinets that are in decent shape but looking worn — which runs \$800–\$1,500 for a typical kitchen.

The colour you choose matters practically, not just aesthetically. Darker paint colours on cabinets require more coats to achieve full coverage and show fingerprints more readily in NB's typically bright kitchen environments. White and off-white remain the most popular choices in the NB market because they photograph well for resale, pair with almost any countertop and hardware, and require fewer coats to achieve opacity over existing wood grain.

Cabinet painting is one job where hiring a professional over DIY is an easy call. The tools, technique, and specialty products required to achieve a smooth, durable, factory-like finish are genuinely difficult to replicate at home. For a surface you look at and touch every single day, the professional result is worth the investment.

New Brunswick Painting can connect you with painters who specialise in cabinet refinishing through the New Brunswick Construction Network directory — it's a free matching service.

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What is the average cost per room to paint interior walls and ceilings in a Moncton home?

In Moncton, the average cost to paint a single room — walls and ceiling — by a professional ranges from \$300 to \$900, depending on the room size, ceiling height, amount of prep needed, and finish quality. A standard 12x12 bedroom typically falls in the \$350–\$550 range, while a large living room with 9-foot or higher ceilings can run \$600–\$900.

Room size is the most obvious variable, but ceiling height has a disproportionate impact on both labour time and paint usage. Standard 8-foot ceilings are straightforward. Rooms with 9- or 10-foot ceilings require taller ladders, longer extension poles, more careful cutting in at the ceiling line, and simply more paint. Vaulted ceilings or open-concept spaces in newer Moncton builds can push a single-room quote higher than people expect.

The condition of the walls matters just as much as size. A freshly drywalled room in a new build needs only a coat of PVA drywall primer and two topcoats — quick and clean. A room in an older Moncton home might have multiple layers of paint over plaster, hairline cracks, water stain rings from an old roof leak, and spackled repairs from picture hooks. A good painter addresses all of that before the topcoat goes on. That prep time — cleaning, filling, sanding, priming — is labour that gets baked into the quote, and it's the work that actually determines how the finished job looks.

Here's a practical per-room guide for Moncton:

A small bedroom (10x10 or smaller) will typically run \$300–\$450. An average bedroom (12x12) falls at \$350–\$550. A primary bedroom that's larger, with a tray ceiling or architectural detail, might be \$500–\$700. A living room or open dining area — often one of the larger rooms in a Moncton home and sometimes open to the kitchen — comes in at \$500–\$900. A bathroom, while small in square footage, often has humidity-related prep requirements and tight corners that make it more labour-intensive per square foot than a bedroom, landing at \$250–\$450.

Ceiling-only painting is a common standalone request in Moncton, particularly for older homes where the stipple (popcorn) ceiling is yellowing with age. A ceiling-only paint job for a single room typically runs \$150–\$350. If the stipple ceiling needs to be removed first and then re-textured or skim-coated smooth before painting, add \$400–\$800 per room for that process — it's a significantly bigger undertaking.

When getting quotes, confirm whether the price includes moving furniture, whether primer is included in the cost (or if it's extra), and how many coats of topcoat are planned. Two coats is the professional standard for walls and ceilings — anything less is a shortcut that will show. Many Moncton painters will offer a whole-home rate that works out to slightly less per room than booking room by room, so if you're doing multiple rooms at once, ask about a

combined quote.

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How much does deck staining cost in New Brunswick for a 300 square foot deck?

Staining a 300 square foot deck in New Brunswick by a professional painter typically costs \$600–\$1,200, with the range reflecting the condition of the wood, the type of stain used, and how much prep work is required. A deck in good shape that just needs cleaning and a fresh coat of semi-transparent stain will fall at the lower end, while a weathered deck with peeling old stain, graying wood, and rough boards will push toward the top of that range.

The breakdown is roughly \$150–\$300 in materials — about 2–4 gallons of quality deck stain at \$45–\$70/gallon plus cleaning solution and applicators — and the rest is labour. Prep work is the most time-consuming part of any deck staining job in NB. A thorough job includes pressure washing, allowing 2–3 days for the wood to fully dry (critical — stain applied over damp wood will not penetrate properly), stripping any old peeling stain with a deck stripper, sanding rough or raised grain, and often applying a wood brightener to restore the wood's natural pH before staining. That prep work alone can take a full day for a 300 sq ft deck.

The type of stain you choose affects both cost and longevity significantly in NB's climate. Semi-transparent stains penetrate the wood and let the grain show through — they're popular for cedar and pressure-treated decks in good condition, and they're more forgiving when reapplication time comes around because the new coat bonds to the old without stripping. In NB conditions, expect to reapply a semi-transparent stain every 2–3 years. Solid body stains look more like paint, hide the wood grain entirely, last 4–6 years, but are more difficult to maintain because they can peel and require proper stripping before recoating if they start failing. For most NB residential decks, a quality semi-transparent stain is the practical choice.

NB's climate creates specific deck staining challenges. The exterior painting and staining window runs mid-May through mid-October, and decks present a particular challenge in spring — the wood must be dry to a moisture content below 15%, which after a wet NB spring and snowmelt can mean waiting until late May or even June before it's safe to stain. Applying stain to wood that's holding moisture is the single most common cause of deck stain failure — the stain sits on the surface instead of penetrating, and within months it's flaking and peeling.

Horizontal deck boards take the hardest beating from NB's weather: direct UV, standing water during rain, snow loading, and constant foot traffic. A quality 100% acrylic or penetrating oil-based deck stain from a manufacturer like Cabot, Ready Seal, or Benjamin Moore Arborcoat will outperform generic big-box products in these conditions.

DIY is genuinely feasible for deck staining on a single-level deck, especially for homeowners who are comfortable with a pump sprayer and back-rolling technique. The materials savings are real — roughly \$400–\$800 on a 300 sq ft deck. But don't skip the pressure washing and drying time, and don't apply stain on a hot, sunny day

(stain applied in direct sun dries too fast and doesn't penetrate evenly). Morning application after the dew has dried is ideal.

For decks that haven't been properly maintained in several years or where the old stain is visibly peeling and lifting, hiring a professional is the smarter call — the prep work is hard labour and getting it right is what determines whether the new stain lasts 3 years or 6.

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Q17

What is the cost to paint the trim, baseboards, and doors throughout a house in Fredericton?

Painting all the trim, baseboards, and doors throughout a house in Fredericton typically costs \$1,500–\$3,500, depending on the size of the home, the number of doors, the profile complexity of the trim, and the condition of existing painted surfaces. A modest 1,000 sq ft bungalow with simple flat-profile baseboards and 6 interior doors might come in at \$1,500–\$2,000, while a larger two-storey home with 10+ doors, detailed moulding profiles, and crown moulding throughout can easily reach \$3,000–\$3,500.

Trim painting is priced separately from wall painting because it's fundamentally more labour-intensive per square foot than rolling walls. Every linear foot of baseboard needs to be hand-brushed with care, often requiring taping off the wall and the floor, or a steady hand cutting a clean line without tape. Door painting is particularly slow — a single interior door with both faces, all four edges, and the door frame can take 2–3 hours for a professional to do properly. Multiply that by 8–12 doors in an average Fredericton home and you understand where the cost comes from.

The condition of existing trim makes a significant difference to both the price and the final result. Trim in older Fredericton homes — particularly homes built in the 1960s through 1980s — often has 4–6 layers of paint built up over decades. This buildup rounds off the crisp edges of moulding profiles and can cause adhesion problems as layers begin separating. A painter doing thorough work will sand the trim between coats, fill nail holes and gaps with caulk, and prime any bare or repaired spots before applying the finish coat. If the trim has significant paint buildup, stripping back to bare wood and starting fresh produces the best long-term result but adds cost.

Choosing the right finish for trim is as important as colour. Semi-gloss and high-gloss sheens are the professional standard for trim, baseboards, and doors in NB — they're durable, washable, and provide the visual contrast against matte or eggshell walls that makes trim pop. Acrylic-alkyd hybrid trim paints like Benjamin Moore Advance or Sherwin-Williams ProClassic are popular with Fredericton painters because they brush more smoothly than standard latex (fewer brush marks), level beautifully, and cure to a hard, enamel-like finish that holds up to daily handling. These specialty products cost \$50–\$70/gallon but produce a noticeably better result than applying a standard latex semi-gloss to trim.

Crown moulding adds significant time to any trim quote because the brush can only reach from two angles, coverage is tricky in the recesses, and the cut lines at both the ceiling and wall junctions need to be clean. If your Fredericton home has crown moulding throughout the main floor, add \$500–\$1,000 to the trim estimate.

For homeowners who want to DIY the walls but have the trim and doors done professionally — a very common and practical hybrid approach — Fredericton painters are generally happy to work on that scope. The result will be a clean, professional-looking trim finish that elevates the entire room without the full cost of contracting all the walls as well.

One important note if your Fredericton home was built before 1978: lead paint on trim and doors is very common in NB's older housing stock. Before any sanding or stripping of old trim paint, test for lead or discuss lead-safe practices with your painter.

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How much does it cost to hire a painter to paint a two-storey house exterior in Saint John?

Hiring a professional painter to paint the exterior of a two-storey house in Saint John typically costs \$6,000–\$12,000 all-in for labour and materials, with most projects in the \$7,000–\$10,000 range. The wide range reflects the size of the home, the type and condition of the siding, whether the job includes trim, soffits, fascia, and doors, and how much prep work is required on a home that has been exposed to the unique conditions of Saint John's Bay of Fundy climate.

Two-storey exterior painting is among the most complex residential painting jobs in New Brunswick. The height requires proper staging or extension ladders, which adds setup time and safety equipment. Coverage on upper storeys is harder to achieve evenly when rolling or brushing at arm's length from a ladder, and cutting in around upper-storey windows and trim demands both skill and patience. Most professional exterior painters in Saint John use an airless sprayer on the large flat siding panels and then back-roll to work the paint into the surface texture — this combination maximises coverage and adhesion — but all windows, doors, and trim still need to be brushed or rolled by hand with masking.

Saint John has specific exterior painting considerations that don't apply the same way in inland NB cities.

The Bay of Fundy's famous fogs, high humidity, and salt-laden coastal air are genuinely harder on exterior paint than what you'd experience in Fredericton or Moncton's river valleys. Exterior paint in the coastal neighbourhoods of Saint John — the South End, the West Side, the older North End homes — is exposed to more salt humidity, and that accelerates oxidation on metals and can cause premature chalking on paint surfaces that weren't designed for marine exposure. Painters working regularly in Saint John will often recommend a 100% acrylic latex with a higher resin content, or products specifically formulated for coastal conditions, and that expertise is worth asking about when you're getting quotes.

The condition of your siding is the other major driver of cost. Many Saint John homes, particularly in the city's distinctive older residential neighbourhoods, have wood clapboard, shiplap, or cedar shingles — surfaces that require far more prep than vinyl or engineered wood. If the current paint is peeling, flaking, or lifting in multiple areas, a painter needs to scrape and feather every failing edge before applying anything new. On a badly weathered clapboard home, prep work alone can represent 40–50% of the total labour time. Some homes with severe paint failure on sun- and wind-exposed sides may require spot priming or even full priming of entire elevations before topcoat goes on.

Materials for a full two-storey exterior in Saint John will run \$1,500–\$3,000 depending on the paint system chosen. Premium 100% acrylic latex exterior paint at \$55–\$80/gallon, primer for bare wood and repaired areas,

caulk, and associated supplies add up. Don't let a contractor substitute a builder-grade exterior paint to save money — in Saint John's coastal environment, the difference between a \$55/gallon quality paint and a \$30/gallon generic product shows up within 3–4 years as premature chalking, fading, and adhesion loss.

Book early in the season. NB's exterior painting window runs mid-May through mid-October, and professional painters in Saint John fill their schedules quickly once the season opens. Spring and early fall bookings often get more attention and scheduling flexibility than peak July–August jobs.

Exterior painting on a two-storey home is firmly in professional territory — the combination of height, equipment, and technique required makes it a poor DIY candidate. New Brunswick Painting can connect you with experienced exterior painters in Saint John through the New Brunswick Construction Network directory.

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Are painting costs in New Brunswick lower than the national Canadian average and by how much?

Yes, painting costs in New Brunswick are meaningfully lower than the national Canadian average — roughly 10–20% below the Canada-wide midpoint, and 25–40% below major urban markets like Toronto, Vancouver, and Calgary. For NB homeowners, this is one of the genuine advantages of the province's construction market: quality professional painting work is more accessible and affordable here than in most of the country.

The gap between NB rates and national averages comes down to several factors. Labour costs in Atlantic Canada are lower than in central Canada and BC, reflecting both lower cost of living and different market dynamics. The NB painting market has a mix of professional painting contractors and smaller independent operators, which keeps competitive pressure on pricing in a way that's less pronounced in large urban centres where demand consistently outpaces supply. Material costs are broadly similar across Canada for major paint brands — a gallon of Benjamin Moore Regal costs roughly the same in Moncton as it does in Mississauga — so the labour differential is the primary driver of the savings.

What does that 10–20% savings look like in practice? A whole-house interior that might cost \$6,000–\$8,000 in a mid-sized Ontario city could run \$3,500–\$6,500 in Moncton, Fredericton, or Saint John. An exterior repaint on a two-storey home quoted at \$14,000–\$18,000 in Toronto or \$15,000–\$20,000 in Vancouver might run \$7,000–\$12,000 in Saint John for the same scope and quality. Those are real dollars saved on a major home maintenance project.

Labour rates in NB for professional painters run \$35–\$55 per hour, compared to the national average of roughly \$45–\$70/hour. In Toronto's market, skilled painters can command \$60–\$85/hour for residential work. The NB rate reflects honest, experienced professional work — it's not a discount in quality, it's simply a regional market reality.

It's worth noting that **NB's costs do vary within the province.** Fredericton, as a government and university city with a stable workforce, tends to price similarly to Moncton. Saint John's market has traditionally been a bit lower, though the city's ongoing investment and revitalisation has been gradually bringing rates up. More rural areas — Woodstock, Miramichi, Bathurst — sometimes have lower rates due to fewer large contractors, but you may have less selection to choose from when gathering quotes.

One important caveat: lower average prices don't mean all painters charge the same, and price variation within NB is substantial. The spread between the lowest and highest quotes for identical work in Moncton can be 25–40%. Some of that spread reflects genuine quality and experience differences; some reflects overhead differences between larger operations and solo painters. Always get a minimum of three quotes, ask the same questions of

each painter, and compare scope carefully rather than just headline price.

For NB homeowners who've recently moved from Ontario or BC, the local painting costs will likely feel like a pleasant surprise. For those who've always been in New Brunswick, it's still worth knowing that your dollar goes further here than almost anywhere else in Canada for this kind of skilled trade work.

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Q20

How much does it cost to remove old wallpaper and repaint a room in a Moncton home?

Wallpaper removal and repainting in a typical Moncton room runs \$600-\$1,200 all-in -- but that range can climb significantly if the walls are damaged underneath, which is common in older NB homes.

Wallpaper removal is labour-intensive work that most homeowners seriously underestimate. The process involves scoring the paper, applying a stripping solution or steam, and peeling it off in layers -- often multiple layers in older homes. What comes off rarely comes off cleanly. Older Moncton homes, particularly those built before 1980, frequently have wallpaper glued directly to drywall (rather than over a primer), which means the paper face of the drywall tears away when the wallpaper is pulled. The result is a wall that looks like Swiss cheese -- gouged, fuzzy, and completely unacceptable as a paint surface without significant repair.

Once the wallpaper is off, walls almost always require skim coating -- a thin layer of joint compound spread across the entire wall surface to fill gouges, smooth out texture differences, and create a uniform base. Skim coating adds \$300-\$700 per room in labour and materials depending on wall condition. After skim coating, the walls need to be sanded, primed with a PVA or shellac-based primer (which seals the repaired drywall surface), and then painted

with at least two coats. A room in poor condition can require 2-3 days of prep before a single drop of paint goes on.

NB housing stock makes this particularly relevant. Many Fredericton, Moncton, and Saint John homes from the 1960s through 1980s have two, three, or even four layers of wallpaper -- sometimes with a layer of painted-over paper in the middle. Each additional layer adds time and cost. If you are buying or renovating an older NB home and suspect multiple wallpaper layers, budget on the higher end: \$1,000-\$1,800 per room is realistic once skim coating, priming, and painting are factored in.

Practical tips: You can do a test patch yourself before getting quotes. Wet a small section with warm water and a sponge -- if the paper absorbs moisture and peels in large sheets, the walls were likely primed before papering and damage will be minimal. If it tears in tiny pieces and the drywall paper comes with it, budget for skim coating. Always get quotes that explicitly include wallpaper removal, surface repair, priming, and two coats of paint so you are comparing apples to apples.

When to hire a pro: Wallpaper removal followed by repainting is one of the clearest cases for hiring a professional. The skim coating and priming stages require experience to do correctly -- improperly skimmed walls will show every flaw once painted. For most NB homeowners, this is not a DIY-friendly project beyond perhaps removing the paper itself in a small, modern room.

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Q21

What is the cost to paint a bathroom including prep and moisture-resistant paint in NB?

Painting a bathroom in New Brunswick typically costs \$250-\$500 for a professional to complete, including proper prep, a mould-resistant primer, and two coats of bathroom-grade paint.

Bathrooms are small but they are not simple. The combination of moisture, steam, soap residue, and poor ventilation in many older NB homes makes them one of the more demanding paint surfaces in the house. Before any paint goes on, walls need to be washed with TSP or a strong degreaser to remove soap scum and body oils, any mildew patches need to be treated with a diluted bleach solution and allowed to dry completely, and peeling areas need to be scraped and sanded. Skipping this prep is why bathroom paint peels -- not because of the paint itself.

For product selection, you want a **moisture-resistant interior paint** -- look for products marketed for bathrooms and kitchens. In NB stores, Benjamin Moore Aura Bath and Spa, Sherwin-Williams Emerald Interior in satin, and Dulux Diamond Kitchen and Bath are strong choices, typically running \$60-\$75 per gallon. A small bathroom uses well under a gallon for two coats (bathrooms rarely exceed 300-400 sq ft of wall and ceiling area), so your material cost is often just one gallon of paint plus half a litre of primer -- roughly \$70-\$100 in materials total. Labour accounts for the rest of the professional quote.

In NB's climate, bathroom ventilation is even more critical than in warmer provinces because homes are sealed up tight from November through April, trapping humidity indoors. Many older Moncton and Saint John homes have inadequate bathroom exhaust fans -- a 50 CFM fan doing the work of a room that needs 100+ CFM. Even the best moisture-resistant paint will eventually fail if the bathroom consistently reaches 90%+ humidity after every shower. If your bathroom paint is failing repeatedly, check whether your exhaust fan is adequate and running long enough (10 minutes after the shower ends is the general recommendation).

Sheen matters in a bathroom: use at least a satin finish on walls, and semi-gloss on trim, doors, and window casings. Flat and matte paints in bathrooms are a mistake -- they cannot be wiped clean, and moisture will cause the surface to break down within a year. Ceilings can use a flat bathroom ceiling paint (some products are specifically formulated to resist sagging in humid conditions), or a satin if your ceiling gets particularly steamy.

When to hire a pro: Bathroom repaints are manageable DIY projects for homeowners who are comfortable with prep work -- the spaces are small and there is no complex cutting in around large windows. That said, if there is existing mould on the walls rather than just surface mildew, stop and get a professional assessment before painting over it. Painting over active mould is not a fix -- it is a temporary cover-up that will return.

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How much should I budget for a complete exterior paint job on a bungalow in Fredericton?

A complete exterior paint job on a bungalow in Fredericton typically runs \$4,000-\$7,000 for a professional job including prep, primer where needed, and two coats of a quality 100% acrylic latex exterior paint.

That range accounts for significant variables: the size of the bungalow (a 900 sq ft footprint bungalow is very different from a 1,400 sq ft one), the condition of the existing paint, the type of siding (smooth wood, clapboard, cedar shingles, or stucco all require different techniques and materials), and the complexity of the trim, soffits, and fascia. A bungalow with decorative trim, multiple gable ends, and a wraparound porch will cost considerably more than a plain box with minimal trim.

Surface condition is the biggest variable. If the existing paint is in good shape -- no peeling, no bare wood, just faded -- prep is relatively quick and the job comes in at the lower end of the range. If there is significant peeling, bare wood, previous bad paint jobs, or wood rot that needs repair, prep labour alone can add \$500-\$1,500 to the quote. In Fredericton, homes that face south and west along the Saint John River corridor get heavy UV exposure and often show more paint breakdown than the same-age home on a sheltered lot. North-facing walls in shaded yards frequently get mildew and algae growth that adds a cleaning and treatment step.

For a bungalow in Fredericton, budget for quality materials. A 100% acrylic latex exterior paint is non-negotiable for NB's climate -- it needs to handle 100+ freeze-thaw cycles per year, resist the heavy spring rains and fall humidity, and stay flexible enough not to crack. Premium products like Benjamin Moore Aura Exterior or Sherwin-Williams Duration typically run \$65-\$80 per gallon. A bungalow will use 8-15 gallons of body colour plus primer and trim paint, putting materials alone at \$700-\$1,500. Labour makes up the majority of the cost.

Timing matters for Fredericton specifically. The reliable exterior painting season is mid-May through mid-October. Fredericton's inland location means it gets hotter summers than coastal NB -- ideal for exterior painting -- but also colder springs and falls. September is often the best month for exterior work in Fredericton: lower humidity, cooler temperatures (paints level beautifully in 15-22 degrees C weather), and fewer insects landing in wet paint.

Get three quotes and compare scope carefully. Ask each painter exactly what prep they are doing: will they scrape all loose paint? Caulk all gaps around windows, doors, and trim? Prime bare wood? Apply one coat or two? A quote that comes in at \$2,800 may be one coat with minimal prep. On a Fredericton bungalow, where freeze-thaw cycles will test every weak point in the paint job, proper prep and two coats are worth paying for.

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Q23

What is the average cost of Benjamin Moore paint versus Sherwin-Williams per gallon at NB stores?

Both Benjamin Moore and Sherwin-Williams premium lines run \$55-\$80 per gallon in New Brunswick, with pricing quite close between the two brands at the professional level -- quality and availability tend to matter more than the price difference.

Benjamin Moore paint is available through independent paint dealers and hardware stores across NB, including locations in Moncton, Fredericton, Saint John, Bathurst, and Miramichi. Their product line breaks down roughly like this: **Benjamin Moore ben** (entry-level) runs \$40-\$50/gallon; **Regal Select** (mid-premium, the workhorse line most NB painters use) runs \$55-\$65/gallon; **Aura** (top of the line, best coverage and durability) runs \$70-\$80/gallon. For exterior, **ben Exterior** runs \$45-\$55/gallon and **Aura Exterior** and **Regal Select Exterior** run \$65-\$78/gallon.

Sherwin-Williams has dedicated stores in Moncton, Fredericton, and Saint John. Their pricing is comparable: **SuperPaint** (entry-level to mid) runs \$45-\$55/gallon; **Emerald** (premium, their top interior line) runs \$65-\$78/gallon; **Duration** (exterior premium) runs \$68-\$80/gallon. One practical advantage of Sherwin-Williams stores is that they frequently run 30-40% off sales -- particularly in late summer and fall -- which can bring premium paint into the \$40-\$55/gallon range for homeowners willing to stock up during a sale.

Dulux (PPG) is also widely available across NB through hardware stores and is worth considering as a third option. **Dulux Diamond** interior runs \$50-\$65/gallon and is a solid performer -- many NB painters stock it as their everyday go-to. Behr, available at Home Depot locations in Moncton, Fredericton, and Saint John, tends to run \$35-\$55/gallon and is a budget-friendly option, though NB painting professionals generally prefer the consistency and colour-matching quality of Benjamin Moore and Sherwin-Williams for finished work.

What matters more than brand loyalty is buying the right product line within each brand. A gallon of Aura Exterior is a better investment for an NB exterior repaint than two gallons of a cheap latex, because the better product covers in fewer coats, adheres more reliably through freeze-thaw cycles, and lasts 8-12 years versus 4-6 for budget options. On a 1,200 sq ft bungalow, spending an extra \$200-\$300 on paint is trivial against the cost of redoing the job 4 years early.

Colour matching between brands is excellent with modern spectrophotometer technology -- any NB paint store can match a competitor's colour chip. If you love a Benjamin Moore colour card colour but prefer Sherwin-Williams paint, or vice versa, just bring the chip in and they can match it precisely.

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Q24

How much does it cost to paint a garage door and front door in New Brunswick?

Painting a front door professionally in New Brunswick runs \$150-\$350, and a single-car garage door runs \$200-\$400, with double garage doors typically costing \$300-\$600 -- both vary based on condition, material, and how many coats are needed.

Front and garage doors are often neglected but they have an enormous impact on curb appeal and first impressions. They are also among the most practical painting investments a homeowner can make, because a fresh door paint job can completely refresh a home exterior for a fraction of the cost of repainting the whole house.

Front door pricing depends on the door's material (solid wood, fiberglass, or steel each paint differently) and its current condition. A steel or fiberglass door in decent condition with existing paint that is just faded is a relatively quick job: clean, light sand, prime bare or rusty spots, two coats of exterior semi-gloss or gloss. Total time for a

painter is 2-4 hours. Solid wood doors -- especially older ones in Saint John heritage homes -- can be more involved if the paint is cracking, the wood is weathered, or the door has intricate raised panels that require careful brush work in corners and reveals. Material costs for a door are minimal -- typically a litre of exterior paint and a litre of primer, so under \$30 in paint. Labour is where the cost lives.

Garage doors are painted similarly to other exterior metal or wood surfaces. Steel garage doors should be cleaned, lightly abraded or scuffed, spot-primed for any rust, and then painted with two coats of 100% acrylic exterior paint. A paint specifically formulated for metal surfaces (or a good bonding primer followed by acrylic topcoats) will hold up best against the expansion and contraction that happens as garage doors heat up in summer sun and cool overnight. In NB, south-facing garage doors can see surface temperatures of 50-60 degrees C in summer -- a paint that does not bond properly will blister and peel within months.

If you want to DIY the doors: front and garage doors are genuinely good DIY projects. Remove the front door from its hinges and paint it horizontally (laid across a pair of sawhorses) -- you will get a dramatically smoother finish with no drips down panel faces. Use a small foam roller for flat panels and a quality synthetic-bristle brush for raised panel edges. For garage doors, paint in sections working from top to bottom, keeping a wet edge to avoid lap marks.

The best colour choices for NB's climate: deep, rich colours (dark charcoal, navy, forest green, deep red) are very popular on doors right now and look sharp. Just note that very dark colours on metal garage doors in full sun absorb more heat -- not a structural concern, but worth keeping in mind for paint longevity. A professional can advise on products with UV stabilizers if you go this route.

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How much does commercial office painting cost per square foot in New Brunswick?

Commercial office painting in New Brunswick typically runs \$2-\$4 per square foot of wall area for standard work, with retail and specialty commercial spaces often reaching \$3-\$6 per square foot when after-hours scheduling, multiple finishes, or extensive prep are factored in.

That per-square-foot rate applies to wall area -- not floor area. Commercial spaces have different ceiling heights than homes (often 10-14 feet in office buildings versus 8-9 feet in residential), which means more wall surface per square foot of floor plan, and more challenging roller work with extension poles or spray equipment. A 2,000 sq ft office floor plate might have 3,500-5,000 sq ft of wall surface depending on ceiling height and how many interior partition walls it has.

After-hours and weekend work is the single biggest cost premium in commercial painting. A dental office in Moncton or a retail store in Fredericton cannot shut down for three days while painters work -- they need the work done overnight, over a weekend, or in phases. After-hours work typically carries a 25-40% premium over standard daytime rates, because painters need to work faster, often in occupied spaces, and the scheduling is more complex.

Extent of prep and repairs varies enormously in commercial spaces. A recently built office with clean drywall and one existing paint coat is straightforward. A commercial space in an older Saint John building with decades of paint, patched drywall, scuffed corners, water stains from old ceiling leaks, and mismatched paint from multiple tenants requires significantly more prep -- skim coating, stain blocking, and careful phasing to keep business operations running.

Number of accent colours and feature walls adds cost. Corporate branding often requires precise colour matching (Pantone-matched or formula-matched paint), accent walls or architectural elements in multiple colours, and careful masking. A single-colour white office is the cheapest possible commercial paint job; a branded space with four colours, a mural accent wall, painted ceiling beams, and a different finish in the reception area is a custom project that needs a custom quote.

For spaces under 5,000 sq ft, expect to pay \$3,000-\$12,000+ depending on the factors above. Larger commercial projects (20,000+ sq ft) are typically priced on a per-project basis after a site walkthrough. Always ensure any commercial painting contractor in NB carries commercial liability insurance and WorkSafeNB coverage -- commercial sites have different safety requirements than residential, particularly for scaffolding, spray systems, and chemical handling in occupied buildings.

Painters who specialise in commercial work typically have access to commercial-grade products -- higher washability ratings, faster-drying formulas for rapid return to occupancy, and low-odour options for occupied spaces. These products cost more than residential paints but are appropriate for high-traffic commercial surfaces.

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Q26

What is the typical deposit and payment schedule when hiring a painter in NB?

A reasonable deposit for a painting project in New Brunswick is 10-30% of the total quoted price upfront, with the balance paid upon satisfactory completion -- be cautious of any painter asking for more than 50% before work begins.

Payment practices in the NB painting industry are not regulated the same way as some other trades, so expectations vary. That said, there is a general norm that has developed in the market, and understanding it helps homeowners protect themselves.

For smaller residential jobs (single rooms, a front door, deck staining) in the \$300-\$1,500 range, many NB painters simply invoice at the end of the job and collect on completion. No upfront deposit is common and perfectly reasonable for small-scale work with a painter you are hiring for the first time. For returning customers or long-standing relationships, some painters do the work entirely on invoice.

For mid-size projects (\$1,500-\$8,000 -- a full interior repaint, an exterior bungalow) a deposit of 20-30% is standard practice. This covers the painter's material costs upfront (paint, primer, tape, drop cloths) without requiring them to fully finance your job. A mid-project progress payment (often 40-50% when the job is approximately half-complete or materials are fully on-site) followed by the balance on completion is a clean structure that protects both

parties.

For large projects (\$8,000+) -- whole-house exterior, multi-unit residential, commercial projects -- a phased payment schedule tied to milestones is appropriate. Something like: 25% deposit, 25% on project start, 25% at midpoint, 25% on completion. For very large commercial projects, a 10-15% holdback for 30 days after completion is reasonable to ensure any touch-ups are completed before final payment.

Red flags to watch for in NB: Any painter who asks for 50% or more upfront before setting foot on your property is outside the norm -- this does not mean they are dishonest, but it warrants a conversation about why. On the other hand, a very low or zero deposit is fine for small jobs but unusual for larger projects where material costs are significant. Avoid paying cash in full before the job is completed. A written quote that specifies scope, timeline, and payment schedule is your best protection.

Methods of payment: Most NB painters accept e-transfer (Interac), cheque, and cash. Fewer accept credit card, and those who do may pass on the 2-3% processing fee. Ask upfront if you prefer a specific payment method.

Always get a written agreement -- even a simple email confirmation of scope, price, and payment terms counts. It protects both you and the painter if there is a dispute about what was agreed.

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Q27

How much paint do I need to paint a 1500 square foot home interior and what will the paint alone cost in NB?

For a 1,500 sq ft home interior, budget for roughly 15-25 gallons of paint total (walls, ceilings, and trim) and expect to spend \$700-\$1,500 on paint alone at NB prices, depending on the quality of products you choose.

That range accounts for two full coats on all surfaces -- which is the minimum standard for a complete interior repaint. Here is how the math breaks down.

Walls are the biggest volume consumer. Standard 8-foot ceilings in a 1,500 sq ft home typically yield 2,000-2,800 sq ft of wall surface when you account for the full perimeter of all rooms (subtract door and window openings, but add up multiple rooms, hallways, and stairwells -- they add up). A gallon of quality interior latex covers approximately 350-400 sq ft per coat, so walls alone need roughly 6-8 gallons for the first coat and the same for the second -- call it 12-16 gallons of wall paint, likely in 2-4 colours depending on your design choices.

Ceilings are typically 1,500 sq ft of coverage at 350-400 sq ft per gallon -- so roughly 4-5 gallons for two coats. Ceiling paint is usually a dedicated flat white product, which helps keep it separate from your wall colour order.

Trim and doors -- baseboards, window casings, door frames, doors themselves -- are typically quoted separately and consume 2-4 gallons in a 1,500 sq ft home, depending on how much original trim detail the house has. Older NB homes in Moncton and Fredericton with wide baseboards and deep window casings have significantly more trim surface than modern builds.

Cost in NB: At mid-range quality (Dulux Diamond, Benjamin Moore ben, Behr Ultra), budget \$45-\$55 per gallon -- total paint cost of \$700-\$1,100. At premium quality (Benjamin Moore Regal Select or Aura, Sherwin-Williams Emerald), budget \$60-\$75 per gallon -- total paint cost of \$950-\$1,500. The premium products typically cover slightly better (so you may use marginally fewer gallons), and they are significantly more washable and durable -- worth the upgrade in kitchens, hallways, and rooms with kids.

Practical tip: When buying paint for a full-house project, buy your wall colours in 4-litre cans rather than smaller cans -- you save \$5-\$10 per litre in unit cost. Most NB paint stores offer a courtesy tinting guarantee: if the colour is off when applied, they will adjust it for free. Keep all your receipts and a note of every paint formula in case you need touch-up paint years later. Nothing is more frustrating than having a chip and no formula.

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Is it cheaper to paint my house in the off-season in New Brunswick when painters are less busy?

For interior painting, yes -- you can often negotiate better rates in winter (November through March) when painters have lighter schedules, and you may save 10-20% compared to peak spring and summer demand. For exterior painting, the NB climate makes true off-season work impossible.

Interior painting in NB is actually at its best in winter. Heated homes drop to 20-35% relative humidity when the furnace is running hard, which means latex paint dries fast, levels well, and reaches full cure quickly. Ventilating during winter painting just requires cracking a window rather than fighting insects and pollen. If your living room desperately needs repainting and you want the best experience with the lowest labour cost, January or February is a genuinely excellent time to do it.

On the pricing side, NB painting contractors who do primarily residential interior work have real slow periods from November through March. Many are actively looking for work to keep their crew busy. This is the time when you have the most negotiating leverage -- a painter who would charge \$4,500 for a whole-house interior in June (when they have a 6-week wait list) may price the same job at \$3,800-\$4,000 in January. The work is the same; the supply-demand equation has shifted in your favour.

For exterior painting, there is no true off-season option in NB. The minimum application temperature for most acrylic latex exterior paints is 10 degrees C (50 degrees F), and that temperature needs to hold for 24-48 hours after application while the paint cures. From November through April in New Brunswick, overnight lows routinely hit -5 to -25 degrees C -- well outside the safe application range. Any painter willing to paint the exterior of your Fredericton home in October after temperatures have dropped, or in April before they have stabilised, is setting up a paint job that will fail by spring. The exterior painting season genuinely is May through mid-October, and there is no shortcut.

The spring surge is the most expensive time to book exterior painters in NB. Everyone wants their house done before summer, painters get booked solid in April and May, and prices reflect the demand. If you want the best exterior price, book a late-season slot in August or September -- painters are looking to fill their fall schedule, the weather in September is often ideal for painting (lower humidity, moderate temperatures), and you will likely find more flexibility in pricing than in peak June/July.

One honest caveat: the cheapest time to hire is not always the best outcome. A painter doing discount winter work to keep busy may not be the most experienced or well-equipped contractor in your area. Price savings mean less if the quality suffers. Focus on finding a good painter at a fair price, and use the off-season timing as one factor in

your negotiation rather than the only one.

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